

## Insurance Benefits Questionnaire

Services may be covered in full or in part by your health insurance or employee benefit plan. It is important for you to understand your insurance benefits as you will be responsible for unpaid claims. Also, sometimes insurance verification can be time intensive. As I have a small practice, and do not maintain a full-time staff, I don't always have the resources to do this for my clients. Therefore, it would be very helpful, as well as in your best interest, if you could contact your insurance company and obtain the following information.

- Do I have mental health insurance benefits? \_\_\_\_\_
- If so, is Dr. Rogers on your provider panel? \_\_\_\_\_
- Who manages your mental health benefits? Can you give me their name, address, and telephone number?  
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- How many sessions per year does my mental health insurance cover? \_\_\_\_\_
- Do my sessions need to be pre-authorized? \_\_\_\_\_
- Who should complete the pre-authorization? \_\_\_\_\_
- What is my deductible and how much has been met? \_\_\_\_\_
- What is my co-pay? \_\_\_\_\_
- What is the coverage amount per therapy session? \_\_\_\_\_
- Does my policy cover testing, family therapy, and/or group therapy?
  - Testing Yes/No \_\_\_\_\_
  - Family Therapy Yes/No \_\_\_\_\_
  - Group Therapy Yes/No \_\_\_\_\_

If you feel you cannot do this, please let us know and we will be happy to assist you. However, your help with this aspect of your care will be greatly appreciated.

### NOTES:

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